



train. learn. succeed.

SOUTHERN CALIFORNIA RESIDENCY AND FELLOWSHIP PROGRAMS

Family Medicine

Orange County Medical Center

Welcome to the Residency Training Program in Family Medicine at the Kaiser Permanente Orange County Medical Center. Here you will encounter an outstanding educational environment that includes direct patient responsibility and a large and varied patient base. You will also benefit from the supervision of our excellent board-certified physician faculty.

We are a cutting edge program whose enthusiastic faculty have woven diverse interests and backgrounds into an innovative and dynamic residency program. We offer an excellent ambulatory and inpatient care experience to a culturally diverse population, in a supportive and caring environment.

Timothy A. Munzing, MD
Program Director

The Program

Orange County's Family Medicine Residency Program reflects Kaiser Permanente's long-standing tradition of providing medical residents with the skills needed to become accomplished and compassionate physicians. Here you will find the best of all educational worlds, including direct patient responsibility and a large and varied patient base. You will also benefit from the exceptional—and exacting—supervision of our board-certified physician faculty.

Family Medicine is a well-respected and integral part of *patient care at our* Medical Center. Emphasis is on the educational experience, not on menial tasks. We offer faculty with extensive teaching experience.

The Family Medicine residency is the only freestanding residency program in the Medical Center. Under the auspices of a young and enthusiastic faculty eager to share knowledge, you will learn a unique style of ambulatory care — one you may pursue upon completing your residency with us.

Kaiser Permanente is among the nation's largest and most highly regarded managed care organizations (one in five insured Californians is a Kaiser Permanente Health Plan member). As a member of our residency program, you will learn to practice cost-effective *and* caring, medicine, with extensive use of *information* technology. Procedural training is emphasized, providing competence in flexible sigmoidoscopy, colposcopy, minor surgery, treadmill, and low-risk obstetrics.

Adult Medicine

Our Family Medicine service is staffed by Family Medicine residents and attending physicians. The team consists of two interns, a second- or third-year resident, and an attending physician from Family Medicine and Internal Medicine. The team manages an average of 10 to 12 patients, including those in the intensive care and coronary care units. Each resident has on-call responsibility every fourth night. Third-year residents spend one month working more independently with a Kaiser Permanente attending at a local community hospital.

First-year residents spend four weeks caring for patients in the ICU and CCU, gaining experience in Intensive Care, Coronary Care, Cardiology, and Neurology. Working with staff cardiologists and intensivists, you will assist in the management of critically ill patients.

Third-year residents spend four weeks studying under the tutelage of staff cardiologists and four weeks with staff neurologists. Primary emphasis is on testing and common outpatient problems.

Pediatrics

Your first year includes a four-week rotation on inpatient pediatrics at Childrens Hospital of Orange County (CHOC). In addition, two weeks in the nursery will emphasize normal newborns; however, part of your time will focus on stabilizing and resuscitating distressed newborns. Two weeks focus on ambulatory Pediatrics. First-year residents also spend two half-days each month seeing outpatient infants and children for whom they will be directly responsible throughout the three-year residency. While you are on inpatient Pediatric services, overnight call is every fourth night.

During your second year you will spend eight weeks focusing on pediatrics in Kaiser Permanente Pediatric offices as well as in the St. Joseph/CHOC Pediatric Emergency Room.

Third-year residents obtain further clinical exposure with a four-week rotation in outpatient general and subspecialty Pediatrics.

Obstetrics and Gynecology

A four-week Obstetric and three-week Gynecology rotation is required in both the first and second year of your residency. Residents work closely with innovative obstetricians who are actively involved in research. At the end of your rotations, you can expect to have delivered between 50 and 70 babies (with more available if desired); in addition, you will have followed approximately 10 prenatal patients through delivery.

The Gynecology experience emphasizes ambulatory gynecological problems. Colposcopy and endometrial

biopsies are also taught. High-risk Obstetrics and Gynecology electives are available in your third year.

Surgery

Four weeks in your first year are devoted to inpatient surgery, working with senior-level surgical residents and staff faculty. We emphasize pre- and postoperative care, surgical diagnosis, and assisting in the operating room.

In your second year, you spend four weeks in the Outpatient Surgery Clinic learning minor surgical procedures, breast lump evaluation, and pre- and postoperative care.

Minor surgery procedural skills are taught and reinforced in the Family Medicine Center's Minor Surgery Clinic and *many* other rotations throughout your residency.

ENT - Urology – Ophthalmology

These three rotations are each taught in two-week time blocks and may be taken in any year of your residency. They focus primarily on outpatient care; however, operating room time is available for residents seeking inpatient exposure. Residents work closely with attending subspecialists, seeing a wide variety of problems commonly encountered by family physicians.

Human Behavior and Psychiatry

A two-year longitudinal rotation *in Behavioral Medicine on site at the Family Medicine Center* allows you to develop essential skills in this area taught by our psychiatrists, psychologists, family physicians, and psychiatric social workers.

Second- and third-year residents participate in a bimonthly Behavioral Medicine/Psychiatry afternoon clinic, which includes small group seminars on specific psychiatric or psychosocial issues as well as counseling of adults and children. Residents also have the opportunity to participate as co-therapists *during their regular clinics. Here they may work in partnership with a Behavioral Medicine specialist, who has extensive background in family, couple, and adolescent counseling as well as eating disorders.*

As a third-year resident, you will spend two weeks working with the Chemical Dependency Recovery and Rehabilitation Programs as well as with other areas of Psychiatry. Electives in child or adolescent Psychiatry or inpatient Psychiatry are available.

Orthopedics

Residents have a four-week rotation in Orthopedics *during their first year and another two-week rotation during their second or third year.* Residents work one-on-one with an orthopedic surgeon, with emphasis on ambulatory care. You also devote time to seeing patients in our Sports Medicine Clinic *as well as other locations.* Opportunities are available to work with a high school team physician.

Physical Medicine/Sports Medicine

As a third-year resident, you spend four weeks working with Physical Medicine, Rehabilitation, and Sports Medicine specialists. You gain exposure to a large variety of sports and musculoskeletal problems, testing procedures, and treatments, and spend time on inpatient rehabilitation.

Community Medicine

Second- and third-year residents spend *one week with CAST (Child Abuse Services Team for Orange County).* Starting in the second year, they also have a two-week rotation followed by an 18-month longitudinal rotation in partnership with Latino Health Access. This is a nationally recognized organization providing outreach, education, and resourcing for those with no other access to medical services. Our residents and teaching faculty work along with lay health workers to provide essential medical services, including home visits when needed. Both rotations provide invaluable education in use of community resources for those who have no medical care “home.” Our program recently received a national Kaiser Permanente cultural diversity award, and other awards for these efforts.

Electives

There are numerous opportunities for personalized electives within our health care system. During your second and third years, a total of over four months of

electives can be used to complement your education.

Family Medicine Center

Throughout your residency, you will spend a significant amount of time in our off-site, culturally diverse, outpatient Family Medicine Center, under the supervision of a teaching staff of more than 15 full-time, board-certified family physicians, all of whom hold university teaching appointments.

In your first year, you spend two half-days each week in the Family Medicine Center; in your second year, three half-days each week; and in your third year, four-half days each week. At least one faculty member is assigned to supervise and teach at all times.

Our residents are assigned a group of patients whom they follow throughout training, in both outpatient and inpatient settings, with the outpatient experience providing a spectrum of acute and chronic diagnoses. Preventive health care, prenatal obstetrical care, and minor surgical and dermatologic procedures are also emphasized. Laboratory and radiology services, patient education programs, and consultations with various specialties are readily available.

Conferences

Third-year residents assist our faculty in planning conferences covering the core curriculum in Family Medicine. Senior residents also exercise a leadership role in conference presentation. All residents are expected to provide input regarding the educational content of the conference series and are encouraged to submit topic ideas, speakers, or case-based information.

In addition to the required daily noon conference schedule, annual symposia, hosted jointly by Kaiser Permanente specialty departments from throughout Southern California, are available at no cost.

Location and Lifestyle

Kaiser Permanente’s 200-bed Medical Center is nestled in Anaheim Hills, North Orange County. Our Medical Center offers a complete range of clinical services and is an integral part of Orange County’s trauma network.

Fourteen satellite medical offices, combined with the Medical Center campus, provide Family Medicine services to more than 325,000 Kaiser Permanente Health Plan members.

From music to Mickey Mouse, Orange County offers fun and recreation for everyone. Enjoy the first-rate entertainment at the Performing Arts Center in Costa Mesa, or take in an Anaheim Angels game at Edison Field. Spend a day at Disneyland or drive down the Pacific Coast Highway to South Orange County for a stroll through the famous Laguna Beach art colony. Want to do absolutely nothing but still have a great time? Why not unwind on one of Orange County's beautiful beaches?

Orange County offers an atmosphere ideal for raising a family. Our Medical Center and Family Medicine Center are located near pleasant, safe, residential communities. You'll find excellent schools, shopping, and a variety of enrichment programs for children.

The Faculty

The Family Medicine Department in Orange County consists of more than 120 family physicians.

The Family Medicine Residency Program has full five-year accreditation – the maximum given – by the Accreditation Council for Graduate Medical Education. Principal faculty for the 2004 – 2005 academic year consists of more than 25 excellent family physicians, all of whom are board-certified and hold university faculty appointments at local medical schools. A number of our faculty have received prestigious teaching and clinical awards in recent years.

Many other physicians provide additional support. The cultural and ethnic makeup of our family physicians reflects the diversity of the Orange County community we serve.

To learn more about:

- **How to apply to this program & others**
- **Our faculty and residents**
- **Available clerkships & electives**
- **Benefits & salary for residents**
- **The annual Residency & Fellowship Open House**

Give us a call or visit us online today!

<http://residency.kp.org/scal> or call 1-877-574-0002